



CLE 10 Career Life Exploration

CHARTING SUCCESS BEYOND GRADUATION

Student Name: _____

You must complete ALL of the following activities.

Note: Reflections should be a minimum of 3-5 sentences

1) Activity: Self, Knowledge and Motivation Surveys

- Learning Styles, Personality, and Interest Surveys added to portfolio & Reflection
 - Knowledge Survey added to portfolio & Reflection
 - Motivation Survey added to portfolio & Reflection

2) Activity: Understanding Stress

- Complete Stress Survey
- Journal Box: Stress Management & Reflection

3) Activity: Who Am I?

- Who Am I – Box 1 & Reflection
- Who Am I – Box 2 & Reflection

4) Activity: Goal Setting

- (Academic) Short Term Goal & Reflection
- (Academic) Medium Term Goal & Reflection
- (Physical or Mental) Short Term Goal & Reflection
- (Physical or Mental) Medium Term Goal & Reflection
 - 3 Tasks for each Goal

5) Activity: Interview with an Adult

- Interview answers uploaded to portfolio & Reflection

6) Activity: Create Resume

- Add Contact Information
 - Add Objective
 - Add Education
- Add Extra Curricular Activities
- Add Additional Experiences (hobbies, etc.)
- Add Two References (non-family)

7) Activity: Who Do I Want to Become?

- Who Do I Want to Become? **Character Strength**. Picture/video uploaded
 - Reflection

8) Activity: High School Planning

- Add Grade 11 courses to High School Plan
- Create a Journal Box and explain how and why you chose your courses

9) Activity: Occupation Planning

- Add 3 Occupations to Portfolio
- Journal Box: Comparing Occupations

10) CULMINATING Activity: Portfolio Meeting

- Interview with Mr. Bhatti or Counselor

Teacher Initial: _____